

RICE

Plain Rice	Long grain boiled rice	£2.00
Pilau Rice	Basmati mildly flavoured fried rice	£2.20
Vegetable Rice	With mixed vegetables	£2.75
Mushroom Rice	Rice fried with mushrooms	£2.75
Keema Rice	Cooked with spiced mince meat	£3.25
Lemon Rice	Flavoured with lemons	£2.75
Egg Rice	Cooked with egg	£2.75
Special Rice	Cooked with egg & peas	£2.75
Garlic Rice	Cooked with onions & fresh garlic	£2.75
Chilli Rice	Cooked with onions & fresh green chillies	£2.75
Coconut Rice	Flavoured with coconut	£2.75
Garlic & Chilli Rice	Cooked with garlic & green chillies	£2.75
Chana Rice	Cooked with chick peas	£2.75
Saag Rice	Cooked with spinach & garlic	£2.75
Kichuri Rice	Cooked with lentils	£2.95
Chicken Rice	Chicken fried with rice	£3.95
Chicken Tikka Rice	Chicken tikka fried with rice	£3.95
Peas Rice	Peas fried with rice	£2.75

ENGLISH DISHES

Served with chips

Chips		£2.00
Spicy Chips	Chips fried with spice	£3.95
Fried Chicken	Chicken breast shallow fried	£6.50
Sirloin Steak	With mushrooms, tomato, onion & peas	£8.50
French Fried Chicken	Chicken with mushrooms, onions & tomatoes	£6.95
Plain Omelette		£6.00
Prawn Omelette		£7.50
Mushroom Omelette		£6.50
Chicken Omelette		£6.50

BREADS

Plain Nan	Leavened bread cooked in a tandoori oven	£1.90
Keema Nan	Stuffed with spiced mince meat	£2.75
Kulcha Nan	Stuffed with cheese & onion	£2.75
Stuffed Nan	Filled with mixed vegetables	£2.20
Peshwari Nan	Filled with sweet stuffing of nuts & almonds	£2.20
Garlic Nan	With garlic	£2.20
Garlic & Chilli Nan	Filled with fresh garlic & green chillies	£2.75
Onion & Chilli Nan	With green chillies & onions	£2.75
Cheese Nan	Filled with cheese	£2.20
Tikka Nan	Filled with chicken tikka	£2.95
Paratha	Lightly fried layered bread	£2.00
Stuffed Paratha	Stuffed with mixed vegetables	£2.50
Keema Paratha	Lightly fried, stuffed with spiced mince meat	£2.95
Tandoori Roti	Unleavened bread cooked in a Tandoor oven	£1.95
Tikka Paratha	With chicken tikka	£2.95
Chapati	Thin soft baked bread	£1.50
Raitha	(plain) - In yoghurt	£2.00
Onion Raitha	Onion in yoghurt	£2.20
Mixed Raitha	Tomatoes, onions & cucumber in yoghurt	£2.50
Papadum		£0.60
Spicy Papadum		£0.60

CHUTNEY

Chutney	Individual chutney for coconut, mango, onion, mint and lime pickle	£0.60
Full Chutney Tray	Coconut, mango, onion, mint sauce and lime pickle	£2.50

DRINKS

Coca Cola (Bottled)		£2.50
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If you don't see a dish on the menu you like, please ask.



ZAAAL

INDIAN RESTAURANT & TAKEAWAY

www.zaalsketty.co.uk

**SUNDAY SET
SPECIAL MENU
4 COURSE MEAL
£7.95 PER PERSON**



OPEN 7 DAYS A WEEK

5.30pm - 11.00pm

TELEPHONE:

01792 203 526 | 01792 446 465

(BOOKING AVAILABLE)

8 Dillwyn Road, Sketty, Swansea, SA2 9AE

Food allergies and intolerances

Before ordering please speak to our staff about your requirements

STARTERS

Chicken or Lamb Tikka	Tender pieces, marinated with yoghurt & ground cumin, roasted in a tandoori oven	£3.50
Tandoori Chicken	Pieces of baby chicken on the bone, marinated in yoghurt & roasted in a tandoori oven	£3.50
Sheek Kebab	Traditional skewer of minced lamb with fresh coriander & spices	£3.50
Shami Kebab	Finely minced lamb, fried & flavoured with herbs & spices	£3.50
Reshmi Kebab	Minced lamb covered with omelette	£3.50
Haryali Kebab	Minced meat flavoured with herbs & spices, served with chapati bread	£3.50
Chicken Pakora	Chicken strips marinated with special spices, battered & fried	£3.50
Vegetable Pakora	Diced vegetables mixed with spices, made into balls and fried	£2.95
Mixed Platter	Chicken & lamb tikka, sheek kebab & onion bhaji, served with salad	£4.25
Chicken Chat	Small pieces of chicken tikka cooked with onions, tomatoes & cucumber, in sweet & sour sauce	£3.50
Chicken Spring Roll	Crispy pastry rolls filled with pieces of chicken & onion	£2.95
Fish Biran	Tilapia Fish fried with spices, herbs & onions	£4.25
Prawn Puri	Succulent prawns spiced & fried, served on a special deep fried bread	£3.50
King Prawn Puri	With tiger prawns	£4.75
King Prawn Bahar	King Prawns tossed in spices and served on a puree bread	£4.75
King Prawn Noodles	Pieces of king prawn & noodles stir fried with onions	£4.75

Tandoori King Prawns	Mildly spiced, marinated with yoghurt & cooked in a clay oven	£4.75
King Prawn Butterfly	Whole king prawns covered in spiced breadcrumbs & pan fried to golden brown	£4.75
Prawn Cocktail	Succulent prawns in a cocktail sauce, served with salad	£3.50
Fish Tikka	Cod fish marinated in spices and baked in a clay oven	£4.75
Onion Bhaji	Deep fried thinly sliced onions with gram flour & spices, shaped into balls	£2.60
Aloo Chat	Slices of potato cooked with onions, cucumber & tomatoes	£3.00
Begoon Pakora	Aubergine mixed with spices, made into balls and fried	£2.60
Somosa	Meat, Chicken or Veg	£2.95
Chana Chotpoti	Boiled chickpeas cooked with pieces of boiled egg in a medium sour sauce	£3.00
Garlic Mushrooms	Garlic fried mushrooms, lightly spiced	£3.00
Paneer Tikka	Paneer marinated in Tikka spices and baked in Tandoori	£3.25
Daal Soup	Lentil soup	£2.60
Mulligatawny Soup	Lentil curry with lemon & rice soup	£2.60
Vegetable Spring Rolls	Crispy pastry rolls filled with vegetables	£2.60
Mushroom Ball	Mushrooms stuffed with mince meat, deep fried & served with bread	£3.25
Tandoori Lamb Chop	Lamb chops marinated in spices and baked in the oven	£4.25
Aloo Chop	Spicy potatoes made into balls then covered in breadcrumbs and fried	£2.95

KORMA

Very Mild

Chicken Korma	£5.75
Lamb Korma	£6.25
Prawn Korma	£6.95
King Prawn Korma	£9.95
Chicken Tikka Korma	£6.95
Lamb Tikka Korma	£6.95
Mixed Vegetable Korma	£5.50
Paneer Tikka Korma	£5.95

MALAYAN DISHES

Very Mild with Pineapple

Chicken Malayan	£6.25
Prawn Malayan	£6.95
King Prawn Malayan	£9.95
Paneer Malayan	£5.95

KASHMIR

Very Mild with Banana

Chicken Kashmir	£6.25
Prawn Kashmir	£6.95
King Prawn Kashmir	£9.95
Paneer Kashmir	£5.95

CURRY DISHES

Medium

Chicken Curry	£5.50
Lamb Curry	£6.00
Prawn Curry	£6.50
King Prawn Curry	£8.50
Mixed Vegetable Curry	£4.50
Mushroom Curry	£4.50
Paneer Curry	£5.50

BHOONA DISHES

Medium spiced with onions & tomatoes

Chicken Bhoona	£5.75
Lamb Bhoona	£5.75
Prawn Bhoona	£6.25
King Prawn Bhoona	£9.95
Chicken Tikka Bhoona	£6.75
Lamb Tikka Bhoona	£6.75
Tandoori Chicken Bhoona	£6.50
Paneer Tikka Bhoona	£5.95
Mixed Vegetable Bhoona	£5.50
Mushroom Bhoona	£5.50

MADRAS DISHES

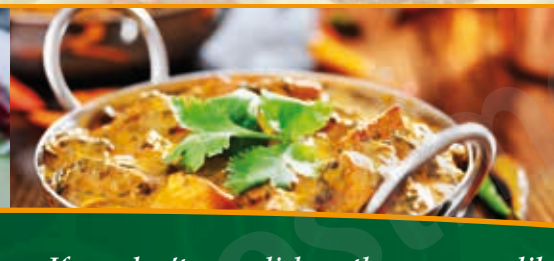
Fairly Hot

Chicken Madras	£5.75
Lamb Madras	£6.25
Prawn Madras	£6.50
King Prawn Madras	£8.60
Mixed Vegetable Madras	£4.50
Paneer Madras	£5.50

VINDALOO DISHES

Very Hot

Chicken Vindaloo	£6.00
Lamb Vindaloo	£6.50
Prawn Vindaloo	£6.50
King Prawn Vindaloo	£8.60
Mixed Vegetable Vindaloo	£4.50
Chicken & Mushroom Vindaloo	£6.50
Lamb & Mushroom Vindaloo	£6.50
Paneer Tikka Vindaloo	£5.95



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DUPIAZA DISHES

Medium spiced with onions & green peppers

Chicken Dupiaza	£5.75
Lamb Dupiaza	£5.75
Prawn Dupiaza	£6.75
King Prawn Dupiaza	£9.95
Chicken Tikka Dupiaza	£6.75
Lamb Tikka Dupiaza	£6.75
Paneer Tikka Dupiaza	£5.95
Mixed Vegetable Dupiaza	£5.50
Mushroom Dupiaza	£5.50

PATHIA DISHES

Sweet & sour, fairly hot with onions & tomatoes

Chicken Pathia	£5.75
Lamb Pathia	£6.75
Prawn Pathia	£6.75
King Prawn Pathia	£9.95
Chicken Tikka Pathia	£6.75
Lamb Tikka Pathia	£6.75
Paneer Tikka Pathia	£5.95
Mixed Vegetable Pathia	£5.50
Mushroom Pathia	£5.50

ROGAN DISHES

Medium spiced with fresh tomatoes

Chicken Rogan	£5.75
Lamb Rogan	£6.75
Prawn Rogan	£6.75
King Prawn Rogan	£9.95
Chicken Tikka Rogan	£6.75
Lamb Tikka Rogan	£6.75
Paneer Tikka Rogan	£5.95
Mixed Vegetable Rogan	£5.50
Mushroom Rogan	£5.50

BALTI DISHES

Balti's are medium spiced in a distinctive sauce & served with nan bread

Chicken Balti	£8.50
Lamb Balti	£8.50
Prawn Balti	£8.50
King Prawn Balti	£9.95
Chicken Tikka Balti	£9.00
Lamb Tikka Balti	£9.00
Paneer Tikka Balti	£7.00
Mixed Vegetable Balti	£7.00
Chicken Saag Balti	£9.00
Lamb Saag Balti	£9.00
Chicken & Mixed Vegetable Balti	£9.00
Zaal Special Balti	£9.50
King Prawn Shashlik Balti	£10.95
Chicken Tikka Kaibery Balti	£9.50
Lamb Tikka Kaibery Balti	£9.50
King Prawn Kaibery Balti	£10.50

VEGETABLE SPECIALITIES

Mix Vegetable Jalfrezi	£5.50
Paneer Tikka Jalfrezi	£6.50
Vegetable Raj Bahar	£5.50
Mushroom Jalfrezi	£5.50
Aloo Boigon Dupiaza	£5.50
Aloo Baigon Jalfrezi	£5.50

KAIBERY DISHES

Onions, green peppers & tomatoes, semi dry & slightly tangy

Prawn Kaibery	£6.95
King Prawn Kaibery	£9.95
Chicken Tikka Kaibery	£6.95
Lamb Tikka Kaibery	£6.95
Vegetable Kaibery	£5.50

DHANSAK DISHES

Sweet & sour with lentils, fairly hot

Chicken Dhansak	£5.75
Lamb Dhansak	£6.75
Prawn Dhansak	£6.75
King Prawn Dhansak	£9.95
Chicken Tikka Dhansak	£6.75
Lamb Tikka Dhansak	£6.75
Paneer Tikka Dhansak	£5.95
Vegetable Dhansak	£5.50
Mushroom Dhansak	£5.50

JALFREZI DISHES

Chicken Jalfrezi	£6.75
Lamb Jalfrezi	£6.95
Prawn Jalfrezi	£6.95
King Prawn Jalfrezi	£9.95

SPINACH DISHES

Medium spiced, cooked with spinach

Chicken Saag	£5.75
Lamb Saag	£6.75
Prawn Saag	£6.75
King Prawn Saag	£9.95
Chicken Tikka Saag	£6.75
Lamb Tikka Saag	£6.75
Tandoori Chicken Saag	£6.75
Paneer Tikka Saag	£5.95
Mixed Vegetable Saag	£5.50
Mushroom Saag	£5.50
Chicken & Mushroom Saag	£6.75

EXTRA CURRY SAUCES

Choice of any sauce can be made on request

Curry	£2.95	Massala	£2.95
Madras	£2.95	Muli	£2.95
Vindaloo	£2.95	Jalfrezi	£2.95
Korma	£2.95		

BIRYANI DISHES

Cooked with basmati rice & served with a vegetable curry

Chicken Biryani	£7.95
Lamb Biryani	£8.50
Prawn Biryani	£8.50
King Prawn Biryani	£10.50
Chicken Tikka Biryani	£8.50
Lamb Tikka Biryani	£8.50
Tandoori Chicken Biryani	£8.50
Chicken & Mushroom Biryani	£8.50
Lamb & Mushroom Biryani	£8.50
Zaal Special Biryani	£9.00
Mixed Vegetable Biryani	£6.95
Mushroom Biryani	£6.95

CYLON DISHES

Fairly hot, cooked with coconut

Chicken Cylon	£5.75
Lamb Cylon	£6.75
Prawn Cylon	£6.75
King Prawn Cylon	£9.95
Chicken Tikka Cylon	£6.75
Lamb Tikka Cylon	£6.75
Vegetable Cylon	£5.50
Paneer Tikka Cylon	£5.50

SPECIAL FISH DISHES

Cod fish in curry

Fish Curry	£7.95
Fish Bhoona	£7.95
Fish Jalfrezi	£7.95
Fish Madras	£7.95
Fish Vindaloo	£7.95
Fish Balti	£7.95
Fish Rogan	£7.95
Fish Pathia	£7.95
Fish Tikka	£8.50
Fish Tikka Massala	£8.50
Fish Chilli Bhoona	£7.95

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HOUSE SPECIALITIES

Chicken or Lamb Tikka Massala	Tandoori baked boneless pieces cooked in spices, tomato & butter	£6.95
Tandoori King Prawn Massala	Tandoori baked diced King Prawn in spices, tomatoes & butter, topped with cream	£10.50
Chicken or Lamb Badam Passanda	Tender pieces marinated in yoghurt, cooked with cream, nuts & spices, topped with almonds. Very Mild	£6.95
Chicken Nawabi	Mildly spiced chicken blended with almonds, mixed ground nuts & cream	£6.95
Chicken or Lamb Korahi	Tender pieces marinated in spices, cooked with onions, capsicum & tomatoes, served in an iron korahi dish	£6.95
Chicken or Lamb Kochi	Cooked in a medium spiced sauce, garnished with onions & garlic	£6.95
Chicken Sali	Medium spiced, cooked with dried apricots	£6.95
Tandoori Chicken & Prawn Sali	Chicken & prawns cooked with spices, garnished with fried potatoes	£6.95
Achar Gosht or Chicken	Tender pieces, medium hot, marinated & cooked with mixed pickle	£6.95
Goan Chicken, Lamb or Paneer	Creamy lightly spiced, cooked with onions, green chillies & coconut milk	£6.95
Peshwari Gosht	Lamb cooked with onions, peppers, pistachio nuts, cashew nuts & sultanas	£6.95
Tandoori Chicken Rezela	Tandoori chicken in a spicy minced meat sauce with chillies & chefs unique spices	£6.95
Garlic Chill Chicken or Lamb	Mouth watering dish, cooked with fresh herbs, spices & green chillies	£6.95
Rajesh Wari Lamb	Lamb, King Prawns & mince meat, cooked in hot aromatic spices	£9.95
Chicken Muli	Cooked with onions & peppers, topped with tomatoes & fresh cream	£6.95
Chana Chicken or Lamb	With chickpeas, fresh herbs & spices, fairly dry	£6.95
Murgh Marengo	Chicken tikka in a creamy sauce flavoured with fresh mango pieces	£6.95
Dheem Bhuna	Spiced boiled egg & potatoes in chefs unique recipe, served with boiled rice	£6.95

Handi Chicken, Lamb or Prawn	Choice of chicken, lamb or prawns with ground spices, peppers & onions	£6.95
Royal Prawn	King prawns cooked in a spicy aubergine sauce, served with prawn fired rice	£10.50
Shakuti Chicken (Hot)	Pieces of chicken cooked with slight coconut	£6.95
Chicken or Lamb Naga	Chicken or lamb with onions, tomatoes & fresh green chillies	£6.95
Chilli Prawns (Hot)	Cooked with onions, tomatoes & fresh green chillies	£6.95
Chicken Jeera	Barbequed chicken with onions, green peppers, tomatoes, garlic, coriander & fried sliced potatoes, medium spiced with toasted cumin seeds	£6.95
Chicken Makhani	Barbequed chicken with cream, almonds & ghee, served mild	£6.95
Chicken Shagorana	On the bone 1/4 tandoori chicken with garlic, chicken & lamb tikka, tomatoes, peppers & onions. Served with our special sauce and special rice	£9.50
Lamb Zaytun	Barbequed lamb with green peppers, onions, tomatoes & olives, in a medium sauce - sizzling	£6.95
Zaal Chefs Special	Special dish with chicken & lamb kebab, in a fairly hot sauce with special rice	£9.50
Chicken or Lamb Taka Taka	Dry dish with green peppers & sliced onions	£6.95
Chicken or Lamb Cobbi	Dry dish cooked with cabbage	£6.95
Chicken Shajahani	Mild cream dish & a little bit sweet	£6.95
Maharajah	Chicken/ Lamb cooked with onions & chillies	£6.95
Butter Chicken	Tandoori chicken cooked in almonds & coconut, topped with butter & cream	£6.95
Shatkora	Lamb/ Chicken cooked with bitter lemon	£6.95
Handi Polongwala	Chicken/ Lamb cooked in a handi sauce & spinach	£6.95
Tawa Chicken	Chicken cooked in medium sauce	£6.95

TANDOORI SPECIALITIES

Chicken or Lamb Tikka	Marinated in Tandoori & tikka spices, cooked slowly in a Tandoor	£6.95
Chicken Shashlik	Marinated skewered chicken with onions, peppers, tomatoes & mushrooms, cooked over charcoal	£7.95
Lamb Shashlik	Marinated skewered lamb with onions, peppers, tomatoes & mushrooms, cooked over charcoal	£8.50
Tandoori Chicken (1/2)	Tender on the bone chicken, marinated in yoghurt with delicate herbs & spices, barbequed over charcoal	£6.50
Tandoori Mixed Grill	An assortment of tandoori chicken, lamb tikka, chicken tikka & sheek kebab, served with nan bread	£9.95
Tandoori King Prawn	Whole tiger prawns marinated in yoghurt & spices, cooked in a clay oven	£12.50
Sheek Kebab (main)	Finely minced lamb with a delicate blend of herbs & spices, barbequed on skewers	£6.50
Spiced Tandoori Fish	Cod fish marinated in yoghurt with chefs special spices, grilled in a clay oven	£10.95
King Prawn Shashlik	Whole tiger prawns marinated & barbequed with tomatoes, peppers & onions	£13.95
Paneer Tikka	Cubes of cottage cheese with special herbs & spices, barbequed on skewers	£6.95
Paneer Tikka Shashlik	Cubes of cottage cheese with onions, peppers & tomatoes, barbequed on skewers	£7.50
Tandoori Lamb Chops	Tender lamb chops marinated in yoghurt & spices, medium spiced, cooked in a clay oven	£8.50
Vegetable Shashlik	Mixed vegetables cooked with onions, green peppers & tomatoes, medium spiced	£5.95

VEGETABLE SIDE DISHES

Vegetable Bhaji	Mixed vegetables cooked in a medium sauce	£3.50
Mushroom Bhaji	Mushrooms sliced with onions & tomatoes, medium spiced	£3.50
Cauliflower Bhaji	Cauliflower with onions & tomatoes, medium spiced	£3.50
Saag Bhaji	Spinach fried in butter with onions & fresh herbs	£3.50
Bhindi Bhaji	Ladies fingers (okra) cooked in butter with onions & spices	£3.50
Brinje Bhaji	Aubergine cooked with tomatoes, green peppers, onions & coriander	£3.50
Bombay Potatoes	Pieces of potatoes cooked with herbs & spices	£3.50
Tarka Daal	Lentils cooked in ghee with fried garlic	£3.50
Chana Masala	Chick peas cooked in butter with herbs & spices	£3.50
Daal Samba	Lentils & mixed vegetables with medium spices	£3.50
Saag Aloo	Spinach & potatoes cooked with medium spices & onions	£3.50
Motor Paneer	Green peas & Indian cheese (mild)	£3.50
Bean Bhaji	Green beans cooked with onions & garlic spices	£3.50
Cabbage Bhaji	Cabbage cooked with onions & garlic spices	£3.50
Fried Mushrooms	Mushrooms fried with onions	£3.50



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